

Finding qualified Lymphatic Drainage and Cranial Sacral Therapy Therapists

In many states massage therapists/manual therapists do not have to take additional training to offer Lymphatic Drainage or Cranial Sacral Therapy. To find a skilled provider we suggest seeking a manual therapist with specific additional training in these modalities. Several training programs have a directory of providers. The following are reputable training programs. This list is not exhaustive as there are many places to learn these techniques.

Empowered Healing Institute

Cedar Rapids, IA 52402

<http://empoweredhealinginstitute.com>

Offers training in Cranio Sacral Therapy and Manual Lymphatic Drainage

Upledger Institute

www.upledgerinstitute.com

Trainings in CranioSacral Therapy (CST)

Chikly Health Institute

<https://chiklyinstitute.com>

Offers training in Lymphatic Drainage and Brain Curriculum (similar to Cranial Sacral Therapy)

Norton School of Therapy

www.nortonschool.com

Offers Manual Lymphatic Drainage and Comprehensive Decongestive Therapy training.

Academy of Lymphatic Studies

www.acols.com

Offers Manual Lymphatic Drainage and Complete Decongestion Therapy training.

Biodynamic Cranio Sacral Therapy

www.craniosacraltherapy.org

Offers training in craniosacraltherapy.org