## Notes on (VOMS) Extended

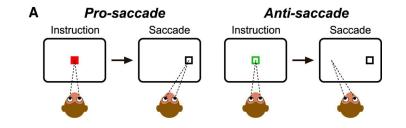
## **BESS and Gait**

Consider also completing in standing with the *Jendrassik maneuver*. Record the number of errors next to the appropriate test.



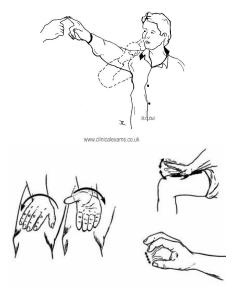
## **Frontal Lobe**

- Finger to thumb (UPDRS)
  - o Right/Left
- Anti-saccades
  - Hypometric = fastigal
  - Hypermetric = vermis
- Opto-kinetics
  - Look at OKN background
  - Count the stripes



## Cerebellum

- Finger to nose EO
  - Primary position (neutral)
- Finger to nose EC
  - Primary position (neutral)
- Finger to nose EO, changing to each quadrant
  - Return to neutral each repetition
- Alt. hand palm/hand slap (dysdiadokinesia)
  - Alt hand on palm
  - o Midline cerebellum
- Piano playing
  - o Posterior cerebellum



Finger-to-nose test

- Roos' test
  - Bilaterally
  - o Hands and arms in cactus pose
  - o All fingers touching thumbs quickly for **2 minute duration**
  - Assessment:
    - If any numbness or tingling occurs throughout the upper limbs, **Thoracic Outlet Syndrome** is indicated
- Heel to shin
  - o Anterior cerebellum





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